與神同行之二：禱告
Walking with God 2: Prayers

帖前5:16-18

1 Thessalonians 5:16-18

1 Thessalonians帖前5:16-18

- 要常常喜樂，
- 不住的禱告，
- 凡事謝恩；因為這是神在基督耶穌裡向你們所定的旨意。
-

16 Be joyful always;
17 pray continually;
18 give thanks in all circumstances, for this is God's will for you in Christ Jesus.

引言Introduction

- 與神同行之一：神的話
  Walking with God 1: God's Word
  - 有福的生命是一個與神同行的生命，而與神同行重要的秘訣是把神的話語晝夜思想
    A blessed life is one that walks with God. One of the secrets of walking with God is mediate on His Word day and night
- 同行需要同心，同心需要溝通，而溝通是相向的（阿摩司3:3）
  Walking together requires same mindset. Communication is needed to get same mindset. Communication must be both direction. (Amos 3:3)

不住禱告的原因The Reason for Praying Continuously

- 神在基督耶穌裡的旨意God’s will in Christ Jesus
  - 旨意的不同表達Different Usage of “Will”
    - 誡命Command:
      馬太Matt 22:37-40: 你要盡心、盡性、盡意愛主–你的神。這是誡命中的第一，且是最大的。其次也相倣，就是要愛人如己。這兩條誡命是律法和先知一切道理的總綱。Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments."
      約翰John 13:34: 我賜給你們一條新命令，乃是叫你們彼此相愛；我怎樣愛你們，你們也要怎樣相愛。A new command I give you: Love one another. As I have loved you, so you must love one another.

不住禱告的原因The Reason for Praying Continuously

- 神在基督耶穌裡的旨意God’s will in Christ Jesus
  - 旨意的不同表達Different Usage of “Will”
    - 「要」（命令）Imperative:
      馬太Matt 28:19: 所以，你們要去，使萬民作我的門徒……Therefore, go and make disciples of all nations…
      彼前1 Peter 1:16: 你們要聖潔，因為我是聖潔的。 "Be holy, because I am holy."

不住禱告的原因The Reason for Praying Continuously

- 神在基督耶穌裡的旨意God’s will in Christ Jesus
  - 神主權的旨意God’s Sovereign Will
    - 祂是創造的主He is the Creator
    - 神要的必要成就He accomplishes what he pleases
      以賽亞Isaiah 55:11: 我口所出的話也必如此，決不徒然返回，卻要成就我所喜悅的…… so is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.

不住禱告的原因The Reason for Praying Continuously

- 神在基督耶穌裡的旨意God’s will in Christ Jesus
  - 在基督耶穌裡的旨意Will in Christ Jesus
    - 對在基督裡的人To those who are in Christ
    - 透過基督的工作Through the work of Christ
    - 基督所加的能力Enabling by Christ
  - 神在基督裡的旨意是美好的，對我們有益處的God’s will in Christ is good and beneficial to us

不住禱告Praying Continuously

- 禱告的時間Time for praying: 24/7 Any time
- 禱告的地點Place for praying: 任何地方Anywhere
- 禱告時的情緒心態Emotional and mental state for praying: 所有情緒心態Any states
- 怎麼可能不住禱告How can one pray continuously?
  只有成為生命的一部分Only when it is part of living
  例子：呼吸，消化Example: Breathing and digesting
- 為甚麼需要禱告Why we need prayer?
  - 小孩子禱告的例子An example of a child's prayer

禱告的益處The Benefits of Praying

- 讓我們檢討與神的關係Let us evaluate our relationship with God
- 讓神透過聖靈對我們說話Let God speaks to us through Holy Spirit
- 讓我們從神支取能力Let us appropriate God’s power and energy
- 讓我們歷練信心的倚靠Let us experience the dependency on faith

禱告的例子An Example of Prayer

- 耶穌教導門徒禱告Jesus taught the disciple: 馬太Matt. 6:9-13
  - 讚美與感謝Praise and Thanksgiving
  - 心聲的流露Express our inner feelings
  - 軟弱中求助Plead for help in our weakness
  - 信心的定意Affirmation of faith

應用不住的禱告Applying Praying Continuously

- 未來的一個星期，除了平常的禱告，每天加一個不定時的禱告，可長可短；星期一多一個，星期二多兩個……堅持至少一個月的時間
  For the coming week, besides our regular prayers, try to add spontaneous prayers, at least once on Monday, twice on Tuesday… Repeat for at least a month.