

## Matthew 6.19-24

19 “Do not lay up for yourselves **treasures** on earth, where moth and rust destroy and where thieves break in and steal,

20 but lay up for yourselves **treasures** in heaven, where neither moth nor rust destroys and where thieves do not break in and steal.

21 For where your **treasure** is, there your heart will be also.

22 “The **eye** is the lamp of the body.

So, if your **eye** is healthy, your whole body will be full of light,

23 but if your **eye** is bad, your whole body will be full of darkness.

If then the light in you is darkness, how great is the darkness!

24 “No one can serve two **masters**,

for either he will hate the one and love the other, or he will be devoted to the one and despise the other.

You cannot serve God and money.

19 不要為自己積攢財寶在地上、地上有蟲子咬、能鏽壞、也有賊挖窟窿來偷。

20 只要積攢財寶在天上、天上沒有蟲子咬、不能鏽壞、也沒有賊挖窟窿來偷。

21 因為你的財寶在那裡、你的心也在那裡。

22 眼睛就是身上的燈。你的眼睛若瞭亮、全身就光明。

23 你的眼睛若昏花、全身就黑暗。你裡頭的光若黑暗了、那黑暗是何等大呢。

24 一個人不能事奉兩個主。不是惡這個愛那個、就是重這個輕那個。你們不能又事奉神、又事奉瑪門。〔瑪門是財利的意思〕

1. Where are your \_\_\_\_\_ ?

	In Heaven	On Earth
Eroded or destroyed		Can be destroyed
Transferrable		Can be stolen
Physical		Yes
Spiritual		No

2. What do you \_\_\_\_\_ ?



3. Who's your \_\_\_\_\_ ?



## How to be Content 知足

- Stop complaining
- Change your perspective
- Be thankful
- Don't compare
- Right-size your expectations
- Prioritize people before things
- Do away with “bucket lists” & “wish lists”
- Savor the small
- Eliminate excess
- Give a sincere compliment

唯一能真正滿足人心的  
The only one who can truly  
satisfy the human heart

是那個製造它的。  
Is the ONE who made it.

**CONTENTMENT** is the attitude that says, “I am satisfied with what God has given me.”  
**知足**是一種態度，它說：“我對上帝給我的東西感到滿意。”